



## PROJECT HANDFUL

*A Families on Mission resource for children · Generous Generations*

Project Handful helps children see that everyone has something to give. Even a little, given with love, can make a big difference.

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### Step-by-step instructions for parents

- 1 Pray. Ask Jesus to show you someone who needs a little kindness today.
- 2 Pick a handful. With an adult, choose one handful to give — food, small toys, crayons, seeds, or notes of encouragement.
- 3 Package it. Put your handful in a small bag or container and decorate it if you like.
- 4 Add a short note. Include a simple message or Bible verse to remind them that God loves them.
- 5 Give and talk. Deliver it with an adult, then chat afterwards: How did it feel to give?

### Conversation prompts for families

- Who in our world might feel forgotten or unseen today?
- What is one thing we have plenty of that we could share?
- How do you think the person felt when we arrived with our handful?
- What does it mean that everyone — even a child — has something to give?

### Practical generosity activities for children

- Decorate the bag with a Bible verse, kind drawing, or your handprint.
- Pray together for the person who will receive it, by name if you know it.
- Start a “Handful Habit” jar at home — add a coin, sweet, or note each week.
- Pick a “Handful Buddy” — a friend, neighbour, or helper you bless a little every week.

***“Freely you have received; freely give.” — Matthew 10:8***